

Activity Page

Leafy Book Cover

Personalising the cover of your journal, diary or copy book can make it look great. Leaf rubbing is a simple way to decorate it. Here is how:

You will need:

- A sheet of paper big enough to cover your book.
- A leaf or leaves, depending on how many rubbings you want.
- Crayons/colour pencils
- Scissors, Glue, Tape

It does not have to be a leaf for rubbing. There might be other items that you could rub that would also give a beautiful result, e.g. any raised pattern on an object.

Images courtesy of Susan Murphy Wickens

What to do:

1. Choose leaves that have prominent veins on the back. These give the best impress when rubbed. This is the leaf of a sycamore tree.



2. Crayons are great for getting a good rubbing. You can also use coloured pencils by rubbing with the side of the pencil tip.



3. Cut around the edge of the rubbing.



4. Cover the book with a sheet of paper, using tape to stick it down.



5. Glue a single leaf on the covered book, or a number of leaves if you choose. You can decorate the rest of the cover with lines, squiggles or drawings.



6. You might like to create the rubbing directly on to the large sheet before you cover the book.



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