



Colours of Nature

By Jennifer Care

A "Natural" Rainbow

There are 7 colours in a rainbow: red, orange, yellow, green, blue, indigo and violet. You could remember them with this phrase - **Richard Of York Gave Battle In Vain**. Keep an eye out for rainbows when the sun is shining through light rain. To see one you'll need to stand with your back to the sun.

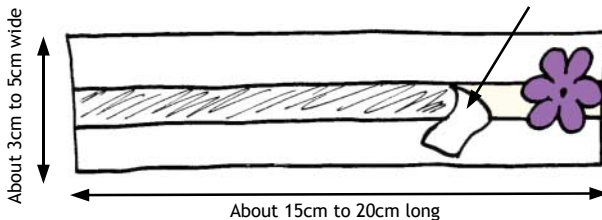
See if you can make your own "natural rainbow".

You will need:

- Cardboard
- Double-sided sticky tape
- Natural material (e.g. flowers and leaves)



Tip: if there is paper on the double-sided tape, leave it where it is and peel it back as you need to.



Go around your garden and see if you can make a rainbow on your double-side tape using small leaves, petals, feathers and other natural things you find. How many different colours can you find?



Here is a simple "natural rainbow" made from flowers and leaves. Can you find other natural materials to recreate the colours of the rainbow? You can also use your imagination to create a different design.

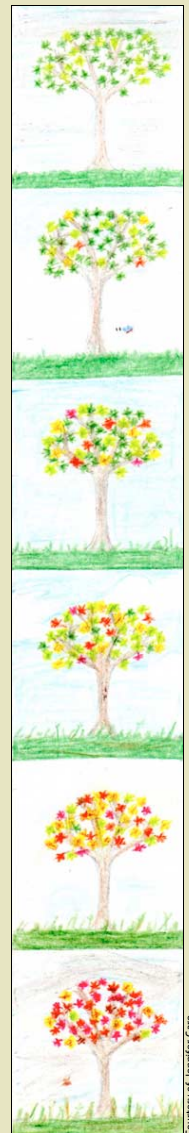
Autumn Flipbook

Many trees change colour and shed their leaves in the autumn. You can watch the colours change over and over again by making your own flipbook of your favourite tree's autumnal display.

1. Find a camera.
2. Choose your tree (make sure it is one that sheds its leaves. Sycamores have a lovely show of colour, but holly is no good as it's evergreen and won't shed its leaves!)
3. Find a place to take your photograph from - somewhere you can find again - exactly! On a post, or a windowsill is good.
4. Take one picture every day at the same time of day, from the same place, starting on the first day you see leaves changing colour. Keep taking pictures for at least a week.



5. Print the pictures.
6. Keeping them in order, ask an adult to staple them together along the edge.
7. Enjoy your flipbook!



Courtesy of Jennifer Care