

Editor's Page



Dolphins doing the doggy paddle!

One Saturday morning, at the end of August, our brother Robbie heard about 8-10 common dolphins swimming in Kinnish Harbour (the large inlet in the centre of Sherkin Island). Not only that, but standing on the shore at the mouth of the harbour, he had a clear view of three dogs jumping into the water and swimming towards the dolphins. The dolphins swam briefly around the dogs and away again, with the dogs in hot pursuit. The dogs would get tired after about 10 or 15 minutes and swim back to shore, take a quick rest and then head back into the water. Apparently, the dogs were doing this since the dolphins were first spotted at 11.30am, until about 5pm when a small punt came into the harbour. When the punt left again soon afterwards, the dolphins followed. It seems like they really enjoyed their day of sport with the dogs!



Photo: © BIM

SEAFOOD RECIPE

Fish goujons with sweet potato chips

What's Needed:

- 450g gurnard fillets (or other white fish fillets), skinned and cut into 5-7cm strips
- 2 large sweet potatoes
- 1tbsp olive oil
- Lemon juice, dash
- Salt and pepper
- 2tbsp runny honey
- A few handfuls fresh breadcrumbs or oat bran.

Note: You can also use cod, haddock, dogfish or pollock fillets for this recipe.

What to do:

- Preheat the oven to 190°C/gas mark 5.
- Cut the sweet potato into chips, cook in the microwave for 2 minutes on a high setting.
- Remove from the microwave and toss in olive oil, then roast in the oven for 10-15 minutes.
- Place the fish into a large bowl, and add the lemon and seasoning. Add honey and stir gently to coat the fish pieces.
- Toss the fish in the breadcrumbs or oat bran. Place onto a lightly oiled ovenproof tray, and bake for 8-10 minutes until golden brown.
- Serve with the sweet potato chips, salad and tomato ketchup dip.

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Welcome to the Autumn Edition of Nature's Web!

Dear Reader,



Welcome everyone to the autumn issue of Nature's Web. For this issue, we have enjoyed learning about the wonderful work Lorcan O'Toole has been carrying out with the golden eagles in Donegal (page 7). You can read all about golden eagle on page 3. In this newsletter we also look at structures animals build and why they are necessary. With autumn comes fruit and we find out exactly what its purpose is and we also learn why it is important to collect seeds. Check out nature news from around the world on page 11 and enjoy a giggle on page 13.

We would love to hear your views and comments and suggestions for future articles. Have a good read!

Susan & Audrey

Email:

editor@naturesweb.ie

Web: www.naturesweb.ie

Editors:

Susan Murphy Wickens & Audrey Murphy

Layout and Design:

Susan Murphy Wickens

Photographs & Clipart:

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Foreign Correspondent:

Michael Ludwig

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